

MENU CYCLE

MENU ITEM	RECIPE NUMBER	CARB
ALLBEEF HOT DOG	1089	28.15
AMERICAN SUB	900274	29.19
BACON CHEESEBURGER	1202	27.17
BAKED POTATO HALF	1516	10.39
BBQ PORK SANDWICH	990112	50.095
BBQ RIBETTE	481	45.66
BEEF/TURKEY BURRITO		
BISCUIT	900244	22
BLACK BEANS		
BLUEBERRY PANCAKES	2282	25
CHEESE PIZZA- PERSONAL	2226	40
CHEESEBURGER	1209	26.87
CHEESY GARLIC FLATBREAD PIZZA	2227	35
CHEF SALAD	1652	22.06
CHEX MIX CHEDDAR	990111	20
CHICKEN & VEGETABLES		
CHICKEN & WAFFLES	2346	45
CHICKEN ALFREDO ROTINI		
CHICKEN CAESAR SALAD	82	18.57
CHICKEN CHOP SALAD	2266	5.075
CHICKEN CORDON BLEU	363	44.98
CHICKEN PATTY SANDWICH	753	43.42
CHICKEN SLIDERS	2432	50.62
CHICKEN TACO SALAD	395	30.92
CHOCOLATE GRIPZ	2419	20
CHOCOLATE MUFFIN	1687	32
CHOPPED BBQ CHICKEN SALAD	2271	31.06
CINNAMON FRENCH TOAST	192	48.16
CINNAMON GOLDFISH	1435	19
CINNAMON TOAST CRUNCH POUCH	2417	22
CRISPY CHICKEN CAESAR WRAP	2074	48.99
CROUTONS	2446	12.67
DINNER ROLL	2049	16.12
ENCHILADA CHEESE		
FIZZLE SIZZLE STIR FRY		
FRENCH TOAST STICKS	1713	27
GARDEN SALAD W/CHEESE	815	74.65
GRAHAM GRIPZ	2420	19
GRILLED CHEESE SANDWICH	2301	27.36
HAM & CHEESE CHOPPED SALAD	1808	21.76
HAM & CHEESE ON WW BREAD	2445	30.2
HAM & CHEESE PINWHEEL	2433	41.93
HAM & CHEESE SUB DIAMOND JIM	1974	41.86
HONEY MUSTARD DRESSING	2117	11.34

ITALIAN CHOPPED SALAD	990053	31.59
ITALIAN SUB	2278	30.11
JUMBO CORN DOG	790	30
MAPLE PANCKAES	2208	35
MEATBALL SUBMARINE	2240	32.69
MINI CORN DOG	1543	30
NACHO GRANDE BEEF	2707	44.4
NACHO GRANDE TURKEY	1810	44.4
OODLES OF NOODLES	990114	50.66
OVEN ROASTED CHICKEN QUARTER	1517	1
OVEN FRIED CHICKEN	990116	23.07
QUESADILLA DRESSING	2269	4.75
QUESADILLA SALAD	2268	44.32
RANCH DRESSING?		
SOUTHWEST CHICKEN SALAD BOWL	1717	35.46
STRAWBERRY CHEX MIX	2489	23
STRAWBERRY YOGURT PARFAIT CHEESE STICK BUG BITES	900090	3.385
SUNBUTTER JELLY COMBO	1932	46.35
SYRUP	349	30.65
TAQUITO		
TATER TOTS	1601	21
TOMATO SOUP	900101	13.54
TRIPLE BERRY YOGURT PARFAIT/CHEESESTICK/BUG BITES	1961	58.99
TURKEY & CHEESE PINWHEEL	2116	39.89
TURKEY & CHEESE WW BREAD	2332	27.16
TURKEY & CHEESE WW BUN	1719	28.29
TURKEY CLUB SANDWICH	517	27.62
TURKEY SAUSAGE PATTY	1135	
WALKING TACO CHICKEN	990110	27.94
WALKING TACO TURKEY	1314	27.94
YOGURT CUP DANNON	2373	16.05